Cupid Cupcakes



Ingredienser

Browniemuffins:
2 store egg
2,5 dl sukker
2 ts vaniljeessens
4 ss kakao
0,5 ts bakepulver
2 dl hvetemel
100 g smør

Nugattikrem:
150 g smør
300 g melis
1 ts vaniljeessens
4 ss nugatti (se tips)

Fremgangsmåte

Pisk egg og sukker til tykk og luftig eggedosis. Vend i vaniljeessens, kakao, bakepulver og mel og til slutt smeltet smør.

Ha papirformer i muffinsbrett og fordel deigen i formene så de blir 2/3 fulle. Stekes midt i ovnen ved 200°C i 10 min. Avkjøl muffinsene helt i formen og gjerne i kjøleskapet i et par timer eller over natten (se tips).

Til nugattikremen piskes mykt smør sammen med melis og vaniljeessens. Tilsett nugatti litt og litt til du får ønsket brunfarge og smak (jeg liker at nugattikremen er litt lys i fargen). Ha nugattikremen i en sprøytepose og sprøyt vakre topper på hver

muffins.

Pynt eventuelt med cupcakewraps og piler slik jeg har gjort på bildet, men kakene smaker selvsagt like nydelige uansett!

Tips

Ikke stek muffinsene for lenge! De vil virke litt rå når de tas ut av ovnen, men de stivner etter at de har blitt skikkelig kalde. Det vil da dannes et lite søkk i midten av hver muffins, og det er slik de skal være. Dette synes ikke når du dekker dem med nugattikremen.

Nugattikremen blir ekstra god og luftig om du bruker Nugatti Air, men vanlig Nugatti (eller annet sjokoladepålegg) kan også brukes. Jeg brukte Nugatti Air da jeg lagde cupcakesene på bildet.

Resultatet blir best om du sprøyter på kremen med skikkelig kakesprøyte. Det finnes mange alternativer, se tips om nettbutikker som selger kakepynteutstyr under Lenker på startsiden. Jeg har her brukt 1M-tipp fra Wilton (kjøpes blant annet hos www.cacas.no).

De stilige, hjertemønstrede cupcakewraps med piler til å stikke i frostingen er av merket Wilton og er kjøpt hos Cacas (se www.cacas.no). Det blir ekstra lekkert om du bruker røde papirformer inni (de på bildet har jeg kjøpt hos den svenske nettbutikken til www.klarafardiga.com).

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CUPID AND PSYCHE

"Once upon a time there was a king with three daughters. They were all beautiful, but by far the most beautiful was the youngest, Psyche. She was so beautiful that people began to neglect the worship of Venus, the goddess of love and beauty. Venus was very jealous, and asked her son Cupid (the boy with the arrows) to make Psyche fall in love with a horrible monster.

As he flies to Psyche's room at night, he turns himself invisible so no one can see him fly in through her window. As he slowly approaches, careful not to make a sound, he readies one of his golden arrows. He leans over Psyche while she is asleep and before he can scratch her shoulder with the arrow, she awakens,

startling him, for she looks right into his eyes, despite his invisibility. This causes him to scratch himself with his arrow, falling deeply in love with her.

He reports back to Venus shortly after and the news enrages her. Venus places a curse on Psyche that keeps her from meeting a suitable husband. As she does this, it upsets Cupid greatly, and he decides as long as the curse stays on Psyche, he will no longer shoot arrows, which will cause the temple of Venus to fall.

After months of no one — man or animal — falling in love, marrying, or mating, the Earth starts to grow old, which causes concern to Venus, for nobody praises her for Cupid's actions. Finally, she agrees to listen to Cupid's demands, according him one thing to have his own way. Cupid desires Psyche. Venus, upset, agrees to his demands only if he begins work immediately. He accepts the offer and takes off, shooting his golden arrows as fast as he can, restoring everything to the way it should be. People again fall in love and marry, animals far and wide mate, and the Earth begins to look young once again.

When all continue to admire and praise Psyche's beauty, but none desire her as a wife, Psyche's parents consult an oracle, which tells them to leave Psyche on the nearest mountain, for her beauty is so great that she is not meant for (mortal) man. Terrified, they have no choice but to follow the oracle's instructions. But then Zephyrus, the west wind, carries Psyche away, to a fair valley and a magnificent palace where she is attended by invisible servants until nightfall, and in the darkness of night the promised bridegroom arrives and the marriage is consummated.

Cupid visits her every night to sleep with her, but demands that she never light any lamps, since he does not want her to know who he is until the time is right.

Cupid allows Zephyrus to take Psyche back to her sisters and bring all three down to the palace during the day, but warns that Psyche should not listen to any argument that she should try to discover his true form. The two jealous sisters tell Psyche, then pregnant with Cupid's child, that rumor is that she had married a great and terrible serpent who would devour her and her unborn child when the time came for it to be fed. They urge Psyche to conceal a knife and oil lamp in the bedchamber, to wait till her husband is asleep, and then to light the lamp and slay him at once if it is as they said. Psyche sadly follows their advice. In the light of the lamp Psyche recognizes the fair form on the bed as the god Cupid himself. However, she

accidentally pricks herself with one of his arrows, and is consumed with desire for her husband. She begins to kiss him, but as she does, a drop of oil falls from her lamp onto Cupid's shoulder and wakes him. He flies away, and she falls from the window to the ground, sick at heart.

Psyche searches far and wide for her lover, and eventually in desperation approached his mother, Venus. Still angry, the goddess set various tasks for Psyche, all of which she passed, with a bit of help from ants and river gods.

At last Cupid found out what was going on, and he persuaded Jupiter to order Venus to stop her persecution of Psyche. Jupiter calls a full and formal council of the gods and declares that it is his will that Cupid marry Psyche. Jupiter then has Psyche fetched to Mount Olympus, and gives her a drink made from ambrosia, granting her immortality. Begrudgingly, Venus and Psyche forgive each other. And so Cupid and Psyche were married and lived happily ever after - and it really was ever after since Psyche was made a goddess. Venus was in turn satisfied for with Psyche up in Heaven, she would not command attention from the men on earth. Psyche and Cupid had a daughter called Voluptas, the goddess of "sensual pleasures".

So all came to a most happy end. Love ("Cupid") and Soul (for that is what "Psyche" means) had sought and, after sore trials, found each other; that union could never be broken."

(Legenden er opprinnelig fra "Metamorphoses" skrevet av Apuleius (125-180 e.Kr.). Teksten ovenfor er hentet fra bl.a. Wikipedia.)

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